

# Manna Moments

DEVOTIONAL GUIDE  
2025-2026

By: Rev. Dr. Angulus Wilson  
*Chaplain*



WHEATON  
COLLEGE  
*For Christ & His Kingdom*



# Manna Moments

DEVOTIONAL GUIDE

2025-2026



By: Rev. Dr. Angulus Wilson  
*Chaplain*

# Dedication

This devotional book is dedicated to the students of Wheaton College, who navigate the complexities of life with God as your steadfast companion. Your commitment to seeking truth, love, and purpose in all you do is a testament to the transformative power of faith. May these pages be a source of encouragement, reflection, and spiritual growth as you continue to walk this extraordinary path together.

# Special Thank You

Thank you to Ms. Grace Mamalat for your invaluable assistance in editing the “Manna Moment Devotional.” Your dedication to this project has been truly remarkable, and your keen editorial insights have elevated the content to new heights.

Your meticulous attention to detail, your commitment to maintaining the authenticity of the message, and your unwavering support throughout the editing process have made a significant difference. Your ability to polish words while preserving the heart and soul of the devotional is a rare gift, and I am deeply appreciative of your talents.

With deepest appreciation,

*Chaplain Wilson*

# Introduction

---

Welcome to "Manna Moments: A 32-Week Devotional Journey," a profound and transformative exploration of faith, hope, and spiritual growth. I am Dr. Angulus Wilson, and it is my privilege to walk alongside you in this sacred pilgrimage through the pages of this devotional book.

In the midst of our fast-paced lives, we often find ourselves craving moments of stillness and reflection. We yearn for a deeper connection with the Divine, a renewed sense of purpose, and a clearer understanding of our place in this complex world. It is in this pursuit of spiritual nourishment that "Manna Moments" was born.

The title of this devotional is drawn from the biblical account of the Israelites' journey through the wilderness, where God provided them with manna, a miraculous sustenance, each day. Just as the Israelites were sustained by this heavenly bread, we too can experience moments of divine provision and grace in our daily lives. These "Manna Moments" are opportunities for us to encounter God's presence, receive His wisdom, and find solace in His love.

As the Chaplain at Wheaton College, I have had the privilege of witnessing countless individuals on their spiritual journeys. This devotional draws upon my experiences and reflections, as well as the wisdom of sages, theologians, and ordinary people who have found extraordinary depth in their relationship with God. It is my hope that "Manna Moments" will serve as a guiding light for you as you navigate the ups and downs of life, offering solace and strength in times of adversity and celebration alike.

This 32-week devotional is designed to be a companion on your faith journey, providing you with a daily dose of inspiration, reflection, and scripture. Each week is centered around a particular theme, ranging from gratitude and forgiveness to resilience and purpose. Within these pages, you will find not only my insights and guidance but also ample space for your own reflections and prayers.

May this devotional book become a cherished part of your daily routine, a source of spiritual sustenance, and a reminder that in every moment of life, there are "Manna Moments" waiting to be discovered. Through this journey, may you draw closer to God, find clarity in your purpose, and experience the profound peace that comes from knowing you are deeply loved and never alone.

Let us embark on this transformative 32-week journey together, as we seek to encounter the Divine in our everyday lives, one "Manna Moment" at a time.

*Chaplain Wilson*



## Claim Your Identity in Christ DAY 1

*"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."*

-SCRIPTURE: 2 CORINTHIANS 5:17 (NKJV)

Beloved, do you know who you are? Not just your name, not just where you're from, but do you know who you really are in Christ?

The world will try to tell you who you are. It will put labels on you—too weak, too broken, too messed up, too far gone. But God says something different! When you give your life to Jesus, you are made *new*! The old *you*—your past mistakes, your failures, your struggles—has passed away. You don't have to be defined by what you *used* to be. In Christ, you are a *new creation*!

That means you walk differently. You talk differently. You live with confidence, not because of who *you* are, but because of who *He* is in you! You are forgiven. You are chosen. You are loved. You are His!

So, don't let the enemy whisper lies in your ear. Stand tall, child of God! Claim your identity in Christ and walk in the power of His love.

### REFLECTION QUESTION:

What old things in your life do you need to let go of so you can fully walk in your new identity in Christ?

### PRAYER:

Father, thank You for making me a new creation in Christ. Help me to see myself the way You see me. Give me the strength to let go of my past and walk boldly in my new identity. In Jesus' name, Amen.

## Step Up – Called to Walk with Jesus DAY 2

*“Then Jesus said to His disciples, ‘If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it. For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?’”*

-SCRIPTURE: MATTHEW 16:24-26 (NKJV)

### THEME: DISCOVER THE COST AND REWARD OF FOLLOWING JESUS

Beloved, following Jesus is not just a Sunday morning thing—it’s a *lifetime* thing! It’s not just about singing the songs, saying the prayers, or wearing a cross around your neck. No, Jesus is calling us to *step up*! He says if we want to follow Him, we have to deny ourselves, take up our cross, and walk in His footsteps.

Now, let’s be real—this ain’t always easy. The cross is *heavy*! It means giving up our own way, our own plans, and choosing Jesus’ way instead. It means saying *no* to sin, *no* to selfishness, *no* to living for the world. But oh, the *reward* is greater than the cost!

Jesus asks, *what good is it to have everything in the world, but lose your soul?* You can have all the money, all the fame, all the success, but if you don’t have Jesus, you have *nothing*. But if you have Jesus, even when life gets tough, even when people don’t understand your faith, even when it costs you something—you have *everything*. So, step up!

Say *yes* to Jesus. Walk with Him. Live for Him. And watch how He changes your life.

### REFLECTION QUESTION:

What is one thing you need to give up to follow Jesus more closely?

### PRAYER:

Lord, I want to follow You with my whole heart. Help me to deny myself, take up my cross, and walk in Your way. Give me strength when the road gets hard and remind me that You are worth more than anything this world can offer. In Jesus’ name, Amen.

## Trust the Grind of Faith – We Rest DAY 3

*“Now faith is the substance of things hoped for, the evidence of things not seen.” (Hebrews 11:1)*

-SCRIPTURE: HEBREWS 11:1-6 (NKJV)

### THEME: RELY ON GOD THROUGH EVERY TWIST AND TURN

Beloved, faith is a *grind*! It's not just something we talk about—it's something we *live*. Walking with Jesus ain't always easy. Sometimes, life twists and turns in ways we never saw coming. Sometimes, we pray and wait ... and wait ... and *wait*. But that's when faith kicks in!

Faith is believing in what we *can't see*. It's trusting that God is working *even when we don't understand*. The old saints used to say, *He may not come when you want Him, but He's always on time!* That's faith—knowing that God's timing, God's plan, and God's ways are always *right*.

Look at the heroes of faith in Hebrews 11—Abraham, Moses, Noah. They didn't see the full picture, but they *trusted* the process. They kept walking, kept believing, kept grinding in faith. And what did God do? He showed up *every time*!

But here's the good news—faith isn't just about the grind, it's also about the *rest*! We don't have to have all the answers. We don't have to carry all the weight. We just have to *trust* the One who does! When we put our faith in Him, we can rest knowing that God has it all under control.

### REFLECTION QUESTION:

What's one area of your life where you need to stop stressing and start trusting God?

### PRAYER:

Father, help me to trust You, even when I can't see the whole picture. Strengthen my faith in the twists and turns of life. Teach me to rest in You, knowing that You are always in control. In Jesus' name, Amen.

## Ditch the Fear, Embrace Peace DAY 4

*"Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand."*

-SCRIPTURE: ISAIAH 41:10 (NKJV)

### THEME: FIND CONFIDENCE IN GOD'S CONSTANT PRESENCE

Beloved, fear will try to hold you back, but God is calling you to *step forward!* Life brings storms—hard classes, broken friendships, uncertain futures—but the Lord says, *Fear not!* Why? Because He is *with* you! You are *not* alone.

Fear whispers, *What if I fail?* But God says, *I will strengthen you!*

Fear shouts, *What if I can't handle this?* But God says, *I will help you!*

Fear lies, *What if I fall apart?* But God promises, *I will uphold you with My righteous right hand!*

When we forget that God is with us, fear takes over. But when we *know* that He is walking beside us, peace *takes its place*. You don't have to figure it all out. You don't have to carry the weight alone. Just *trust* that God's got you!

So, ditch the fear and embrace the peace that only comes from *knowing* that the God of the universe is *by your side*. Walk in that confidence. Walk in that victory. Walk in that *peace!*

### REFLECTION QUESTION:

What fear do you need to release so you can walk in God's peace?

### PRAYER:

Father, I let go of fear and grab hold of Your peace. Remind me that You are always with me. Strengthen me, help me, and uphold me. I trust You, Lord! In Jesus' name, Amen.

## Power Up Through Prayer – We Pray DAY 5

*“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”*

-SCRIPTURE: PHILIPPIANS 4:6-7 (NKJV)

### THEME: UNLOCK THE IMPACT OF A PRAYER-FILLED LIFE

Beloved, when life gets heavy, don't panic—*pray!* Prayer is your *power source!* It's how you connect to the One who holds everything in His hands.

Too often, we worry first and pray last. We stress out, break down, and try to fix things on our own. But God says, *Be anxious for nothing!* Instead of worrying, start *praying!* Instead of stressing, start *thanking!* When you take your problems to God, He takes the weight off your shoulders.

And here's the blessing—when you pray, God gives you *peace!* Not the kind of peace the world gives, but a peace that *surpasses all understanding.* A peace that doesn't always make sense. A peace that keeps your heart calm when life is crazy.

A peace that reminds you, *God's got this!*

So, power up through prayer! Don't wait until things fall apart—pray first, pray often, and pray with confidence, knowing that your Father in heaven is always listening.

### REFLECTION QUESTION:

What's one thing you need to stop worrying about and start praying about?

### PRAYER:

Father, I bring my worries to You. Teach me to pray first and trust You always. Fill my heart with Your peace and remind me that You are in control. In Jesus' name, Amen.

## Armor Up for Spiritual Battles DAY 6

*“Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil.”*

-SCRIPTURE: EPHESIANS 6:10-11 (NKJV)

### THEME: GET EQUIPPED FOR THE FIGHT

Beloved, this life is not a playground—it’s a *battleground*! Every day, the enemy is coming for your mind, your peace, your faith. But God didn’t leave you defenseless—He gave you *armor*!

You wouldn’t walk into a fight without protection, would you? Then don’t step into life without your *spiritual armor*! Paul breaks it down in Ephesians 6:

*The Belt of Truth*—Stand on God’s Word, not the world’s lies.

*The Breastplate of Righteousness*—Guard your heart and live holy.

*The Shoes of Peace*—Walk with confidence, knowing God is with you.

*The Shield of Faith*—Block the enemy’s attacks with unshakable trust in God.

*The Helmet of Salvation*—Protect your mind and remember who you belong to.

*The Sword of the Spirit*—Fight back with the power of God’s Word!

And don’t forget the secret weapon—*PRAYER*! A warrior who doesn’t pray is a warrior who won’t last. When you pray, you call on heaven’s power to fight for you! So, don’t leave home without your armor. The battle is real, but victory is already won in Jesus’ name!

### REFLECTION QUESTION:

Which piece of God’s armor do you need to strengthen in your life?

### PRAYER:

Lord, I put on Your armor today. Strengthen me for the fight, cover me with Your power, and help me to stand firm in faith. I trust that with You, victory is mine! In Jesus’ name, Amen.

## Roll with the Spirit DAY 7

*"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."*

-SCRIPTURE: JOHN 14:26 (NKJV)

### THEME: RECOGNIZE THE SPIRIT'S GUIDANCE IN YOUR EVERYDAY

Beloved, navigating life without the Holy Spirit is like driving with no GPS. You might think you know where you're going, but without divine direction, you're bound to take some wrong turns. That's why Jesus didn't just save us—He sent us a Helper! The Holy Spirit is not just an occasional visitor; He is your constant guide, your teacher, and the One who reminds you of everything Jesus said.

But let's be real—sometimes, we ignore His voice. We get caught up in our own plans, emotions, and desires. Yet Galatians 5:22-23 tells us that when the Spirit is truly leading us, our lives show it. His presence produces:

Love—A love that's not just words, but action.

Joy—A deep, unshakable joy that circumstances can't steal.

Peace—A confidence that God is in control, even in chaos.

Patience—A trust that God's timing is always right.

Kindness & Goodness—A heart that reflects God's character.

Faithfulness—A commitment to God even when it's hard.

Gentleness—A spirit of humility and grace.

Self-control—A discipline that keeps you aligned with God's will.

Rolling with the Spirit means learning to hear His voice in every aspect of life—when you're making decisions, handling conflict, pursuing goals, or simply trying to live like Jesus. It means surrendering your own way and trusting His lead, even when it doesn't make sense.

So, the question is: Who's in control? Is it you, or is it the Spirit? Because when the Spirit is leading, you don't have to force things. You don't have to manipulate outcomes. You just have to follow. And when you do, He will never steer you wrong.

### REFLECTION QUESTION:

In what areas of your life do you need to surrender more fully to the Holy Spirit's guidance?

### PRAYER:

Father, I bring my worries to You. Teach me to pray first and trust You always. Fill my heart with Your peace and remind me that You are in control. In Jesus' name, Amen.

## Love Out Loud – Serve Your Community DAY 8

*“Teacher, which is the great commandment in the law?’ Jesus said to him, ‘You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. And the second is like it: ‘You shall love your neighbor as yourself.’ On these two commandments hang all the Law and the Prophets.”*

-SCRIPTURE: MATTHEW 22:36-40 (NKJV)

### THEME: PUT LOVE IN ACTION FOR THOSE AROUND YOU

Beloved, real love isn’t just something you *say*—it’s something you *do*! Jesus made it plain: the greatest commandment is to love God with *everything* you’ve got. But don’t miss the second part—He calls us to love our neighbor *as ourselves*. That means love isn’t just about *feeling* something—it’s about *showing* something.

Loving out loud means seeing the needs around you and doing something about them. It means standing for justice when others stay silent. It means serving even when it’s inconvenient. It means extending grace when it would be easier to walk away. If your love never moves beyond words, is it really love at all?

Jesus didn’t just *talk* about love—He *lived it*. He touched the untouchable, lifted the broken, and fought for the forgotten. If we are followers of Christ, then our love has to *look* like His—active, bold, and full of mercy.

Micah 6:8 reminds us that God calls us to *do justice, love mercy, and walk humbly with Him*. That’s a love that doesn’t just sit still—it moves. It speaks. It serves. It sacrifices.

So let me ask you—are you loving out loud? Is your love for God showing up in how you treat people, how you fight for the oppressed, how you serve your community? Because Jesus made it clear: loving God and loving people go *hand in hand*. You can’t do one without the other.

### REFLECTION QUESTION:

Where is God calling you to *show* love in action this week?

### PRAYER:

Lord, teach me to love like You love. Give me eyes to see the needs around me, hands ready to serve, and a heart that beats for justice and mercy. Let my love be more than words—let it be action. In Jesus’ name, Amen.

## Chase Your Purpose DAY 9

*"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope."*

-SCRIPTURE: JEREMIAH 29:11 (NKJV)

### THEME: LIVE INTENTIONALLY IN LINE WITH GOD'S VISION

Beloved, hear me when I say: You are not here by mistake. You are not a random collection of cells; you are the intentional creation of a mighty God, and He has a purpose for your life. Jeremiah 29:11 reminds us that God's plans for us are filled with hope, peace, and a future—not confusion, not chaos, and certainly not by chance. God's vision for your life is more than just a vague idea—it is a specific calling that He has already prepared for you.

But here's the question: Are you living intentionally, in line with His vision? Or are you just drifting, day by day, without clear direction, hoping things fall into place? Too many of us settle for the current of life, letting the waves of distractions, pressures, and expectations pull us away from the path God has laid out. But hear this: God is calling you to *live on purpose*.

Living intentionally means you are making choices that reflect God's plan for your life, not just your own desires or the world's idea of success. It means you're prioritizing what God values, even when it doesn't always line up with what the world says is important. It means you are walking by faith, trusting that His way is the best way, even when you don't have all the details.

Chasing your purpose isn't a one-time decision—it's a daily choice. It's saying, "God, I trust You with my future, and I'll make today count for Your glory." Whether it's in the classroom, in relationships, or in the quiet moments when no one is watching, God is shaping you for a future that aligns with His perfect plan.

So, what's holding you back? Is it fear? Doubt? Comfort? Let go of whatever it is and chase the purpose God has already set before you. Because His plans are not just for your success—they are for your good, for His glory, and for the impact He wants you to make in the world.

### REFLECTION QUESTION:

What is one intentional step you can take today to align your life with God's purpose for you?

### PRAYER:

Lord, thank You for knowing the plans You have for me. Help me to live intentionally, to walk in Your purpose, and to trust that Your vision is greater than my own. Guide me in every decision and use my life to fulfill Your will. In Jesus' name, Amen.

## Live Forgiven, Give Forgiveness DAY 10

*"For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast."*

-SCRIPTURE: EPHESIANS 2:8-9 (NKJV)

*"bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do."*

-COLOSSIANS 3:13 (NKJV)

### THEME: EMBRACE GRACE AND EXTEND IT TO OTHERS

Beloved, grace is the heartbeat of the Gospel—the unearned, undeserved favor of God that covers our sins, lifts us from our failures, and sets us free to walk in the fullness of His love. We are *saved by grace*, not because we're good enough, not because we've earned it, but because God decided to give us what we don't deserve. That's the essence of forgiveness— God's grace, freely given.

But hear me now—just as God has freely extended forgiveness to us, we are called to give that same grace to others. It's easy to hold on to grudges, to carry bitterness, to hold people's wrongs against them. But if we truly understand how much God has forgiven us, how can we not forgive others?

Ephesians 2:8-9 reminds us that our salvation is a *gift*, and we don't have the right to boast or to hold someone else's mistakes over their heads. When you choose to forgive, you're choosing to release the power that resentment holds over you. Forgiveness is not just for the person you're forgiving—it's for your own freedom.

Colossians 3:13 is crystal clear: *"even as Christ forgave you, so you also must do."* There's no loophole. There's no "but what if they don't deserve it?" No. Christ forgave us *while we were still sinners*. And if He can forgive us, despite all we've done, we must do the same for others.

Living forgiven is the first step. But then, we are called to *give* forgiveness—because grace is not meant to stop with us. The love and mercy we've received from God should overflow to those around us.

So, what's holding you back? Is it pride? Hurt? The need to be right? Let it go, and let grace flow. Live forgiven. Give forgiveness. And in doing so, reflect the very love of Christ to a world that desperately needs it.

### REFLECTION QUESTION:

Who do you need to forgive in your life today, and what step can you take toward reconciliation?

### PRAYER:

Lord, thank You for the grace You've shown me. Help me to live in the freedom of Your forgiveness and to extend that same forgiveness to others. Remove any bitterness in my heart and teach me to love as You have loved me. In Jesus' name, Amen.

## Rooted in the Cross DAY 11

*"For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God."*

-SCRIPTURE: 1 CORINTHIANS 1:18 (NKJV)

### THEME: STAND FIRM ON CHRIST'S SACRIFICE

Beloved, let's talk about the Cross. It's not just a symbol we wear around our necks or hang in our churches. The Cross represents the greatest sacrifice ever made. Jesus gave His life for you and for me—He took our sins, our mistakes, our guilt, and He paid the price so we could be free. That's the message of the Cross.

Now, the world might look at the Cross and think it's foolish. "Why would anyone die for someone else?" they might say. But for those of us who know Jesus, the Cross is everything! It is *the power of God* that changed our lives forever. It's through the Cross that we are saved, set free, and given new life in Christ.

When you are rooted in the Cross, you stand firm in knowing that Jesus did it all for you. You don't have to earn His love or work for your salvation—His sacrifice was enough. You can rest in His finished work.

But the key is staying *rooted* in that truth. Don't let the world's opinions shake your faith. Don't let distractions or doubts cause you to forget what Jesus did for you. Stand firm on the Cross, because it's in that sacrifice that we find *strength, freedom, and purpose*.

So, the next time life gets tough, remember: *The Cross is the power of God*. It's the place where victory was won. And because of it, you don't have to live in defeat. You can walk in the power of Christ's sacrifice, knowing that He has already made a way for you.

### REFLECTION QUESTION:

How can you stay rooted in the power of the Cross in your daily life?

### PRAYER:

Lord, thank You for the sacrifice of Jesus on the Cross. Help me to stand firm in that truth and to never forget the power that comes from His love for me. Strengthen my faith, and let my life reflect the victory of the Cross. In Jesus' name, Amen.

## Light Up Your Block DAY 12

*“You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”*

-SCRIPTURE: MATTHEW 5:14-16 (NKJV)

### THEME: SHINE BRIGHT AS CHRIST’S AMBASSADOR

Beloved, you were made to shine! Jesus said, “You are the light of the world,” and that’s no small thing. Just like a lamp gives light to everyone in a room, your life is meant to shine bright for everyone around you to see. The way you live, the way you love, the way you serve—those things reflect the light of Christ in you.

But listen—this light isn’t meant to be hidden. Just like you wouldn’t hide a lamp under a basket, you can’t hide the light of Jesus in your life. It’s meant to shine for all to see! This world can be dark, and people need the light of Christ more than ever. When you walk into a room, when you interact with others, when you show kindness, mercy, and love, you are letting your light shine. And when that light shines, it doesn’t point to you—it points to Jesus.

Matthew 5:16 tells us to let our light shine so that others will see our good works and *glorify our Father in heaven*. That means the way you live your life should make people say, “There’s something different about you!” And that difference is Jesus in you.

So, where’s your block? Where’s your circle of influence? Whether it’s your school, your neighborhood, your social media, or your family—*shine* there! Be the light that leads others to Christ. Don’t be ashamed of who you are in Jesus. Stand tall and be proud to represent Him, because when you shine, you point the way to the Savior.

### REFLECTION QUESTION:

How can you let your light shine brighter in your daily life?

### PRAYER:

Lord, thank You for making me the light of the world. Help me to shine brightly for You, to show love and kindness to everyone I meet, and to point others to You with my life. In Jesus’ name, Amen.

## Hold Tight to Faith Amid Doubt DAY 13

*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways."*

-SCRIPTURE: JAMES 1:5-8 (NKJV)

### THEME: LEAN ON GOD WHEN THINGS GET SHAKY

Beloved, let me tell you something real: life is full of moments when things feel shaky. You might be facing problems at school, struggles with family, or feeling unsure about the future. And in those moments, it's easy to doubt. It's easy to let fear take over. But I want to remind you today—when everything feels uncertain, that's when you need to lean on God the most.

James 1:5-8 shows us that God is not afraid of our doubts. He knows we have questions, and He's willing to give us the wisdom we need—*liberally*, without holding anything back.

But there's a key: when you ask, you've got to ask in *faith*. That means trusting that God will do what He says He will do, even when you can't see how it will work out.

Doubt will come. That's just part of life. But don't let doubt control you. The Bible says when you doubt, it's like being tossed around by the waves of the sea. You're unstable, unsure, and blown in every direction. But when you stand firm in faith—when you hold on to what God has promised you—you find stability in the storm.

So, when things get shaky, don't run from God. Run to Him. Lean on Him. Ask for wisdom.

Trust that He will guide you, even in the most uncertain times. God is bigger than your doubts, and He's faithful to hold you up when the ground feels like it's slipping away.

### REFLECTION QUESTION:

What area of your life do you need to trust God with, and how can you lean on Him in that situation?

### PRAYER:

Lord, thank You for being faithful even when I have doubts. Help me to trust You with all my heart, to lean on You when things get shaky, and to hold tight to Your promises. Give me wisdom and peace in the middle of uncertainty. In Jesus' name, Amen.

## Go All In on Holiness DAY 14

*"But as He who called you is holy, you also be holy in all your conduct, because it is written, 'Be holy, for I am holy.'"*

-SCRIPTURE: 1 PETER 1:15-16 (NKJV)

### THEME: STAND APART BY LIVING FOR GOD

Beloved, it's time to go all in! When you decide to follow Jesus, you don't just dip your toes in—you dive in! To go all in means to be fully committed, to live your life in a way that reflects the love, power, and holiness of God. And let me tell you, that's not always easy, but it's what we're called to do.

1 Peter 1:15-16 tells us that God, who called us, is holy. He is set apart, perfect in every way, and He's asking us to live the same way—to be holy in *all* our conduct. Not just on Sundays, not just when we're around other Christians, but in everything we do, every day.

But here's the truth: to live for God in this world means you will stand out. You will be different. You won't always fit in, and you may even be misunderstood or ridiculed. But guess what? That's okay! When you choose holiness, you're choosing to reflect God's character, and that's always worth it.

God has called you to live set apart, to live in a way that shows the world who He is. It's not about being perfect. It's about making the choice to follow Jesus in everything you do and being willing to let go of things that don't honor Him. It's about letting God shape your heart, mind, and actions so that your life becomes a testimony of His greatness.

So, are you ready? Go all in. Live in a way that makes others notice that there's something different about you—something holy, something set apart for God's purpose. Let your life be a reflection of His glory!

### REFLECTION QUESTION:

In what area of your life can you go all in on holiness and reflect God's character more fully?

### PRAYER:

Lord, help me to live holy, set apart for You in everything I do. Strengthen my heart to choose what honors You and to stand apart from what doesn't. Make me more like You every day. In Jesus' name, Amen.

## Use Your Time & Talents – Invest in the Kingdom DAY 15

*“For the kingdom of heaven is like a man traveling to a far country, who called his own servants and delivered his goods to them. And to one he gave five talents, to another two, and to another one, to each according to his own ability; and immediately he went on a journey. Then he who had received the five talents went and traded with them, and made another five talents. And likewise he who had received two gained two more also. But he who had received one went and dug in the ground, and hid his lord’s money.”*

-SCRIPTURE: MATTHEW 25:14-30 (NKJV)

### THEME: MAKE EVERY GIFT COUNT FOR GOD’S GLORY

Beloved, God has blessed each one of us with gifts, talents, and time. These are not just for us to keep to ourselves, not just for us to use however we want. No, God has entrusted us with these things so that we can invest them for His glory and for His Kingdom.

In Matthew 25, Jesus tells the story of a master who gives his servants different amounts of money—called talents—and tells them to use them wisely while he’s away. Two of the servants took what they were given and worked hard, multiplying their talents. But one servant buried his talent in the ground, afraid to take a risk. When the master came back, he was pleased with the first two servants because they used what they had been given to make more. But the third servant was called wicked and lazy because he didn’t use what he had been trusted with.

Let me break it down: the talents in this story represent the gifts and abilities God has given you. Maybe your talents are in music, sports, art, teaching, or kindness. Maybe you have a gift for leadership, helping others, or encouraging people. Whatever it is, God has placed something special in you, and He wants you to use it for His Kingdom, not to hide it away.

What are you doing with your time and talents? Are you using them to bless others, to serve, and to bring glory to God? Or are you letting fear or laziness keep you from stepping out and making an impact? Don’t bury your gifts. Invest them. Use them for God’s glory, and watch how He will multiply your efforts to bless others.

### REFLECTION QUESTION:

What talent or gift has God given you that you can invest in His Kingdom today?

### PRAYER:

Lord, thank You for the gifts and talents You’ve given me. Help me to use them for Your glory and to make a difference in the world around me. Don’t let me be afraid to step out and use what You’ve entrusted to me. In Jesus’ name, Amen.

## Grow the Good Fruit DAY 16

*“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.”*

-SCRIPTURE: GALATIANS 5:22-23 (NKJV)

### THEME: LET YOUR CHARACTER REFLECT CHRIST

Beloved, just like a tree is known by the fruit it bears, your life is known by the fruit of your character. And when you follow Christ, He wants you to bear *good fruit*—fruit that reflects His love, His peace, His patience, His kindness.

In Galatians 5:22-23, the Bible talks about the fruit of the *Holy Spirit*—these are the qualities that should grow in your life when you live close to Jesus. Let’s break it down:

- **Love:** Loving people like Jesus loves us, even when it’s hard.
- **Joy:** Having joy in your heart that comes from knowing God, no matter the circumstances.
- **Peace:** Not stressing out over everything, but trusting that God is in control.
- **Longsuffering:** Being patient, even when people or situations try your nerves.
- **Kindness:** Treating others with respect, being good to those who don’t always deserve it.
- **Goodness:** Doing the right thing, even when no one is watching.
- **Faithfulness:** Sticking with God and others, being reliable and trustworthy.
- **Gentleness:** Being kind and soft in spirit, not harsh or rude.
- **Self-control:** Not letting your feelings or your desires control you, but making choices that honor God.

Now, hear me: none of this happens overnight. Just like fruit takes time to grow, these qualities take time to develop in your life. But here’s the key: the more you stay connected to Jesus, the more His Spirit will grow these fruits in you. The more you spend time in prayer, in the Word, and in worship, the more your character will reflect Christ.

So, what kind of fruit are you bearing? Is it good fruit that reflects Jesus? If not, ask God to help you grow in these areas and make your life look more like His every day.

### REFLECTION QUESTION:

Which fruit of the Spirit do you need to grow more in your life, and how can you cultivate it today?

### PRAYER:

Lord, thank You for the Holy Spirit that helps me grow in love, joy, peace, and all the good fruit You want to see in my life. Help me to reflect You in everything I do and say. Give me the strength to grow in these qualities and to show Your character to the world. In Jesus’ name, Amen.

## Stay Humble, Stay True DAY 17

*"Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others. Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross."*

-SCRIPTURE: PHILIPPIANS 2:3-8 (NKJV)

### THEME: FOLLOW CHRIST'S EXAMPLE OF HUMILITY

Beloved, in a world where everybody wants to be *first*, Jesus calls us to be *last*. While folks are out here chasing status, titles, and applause, Jesus is telling us to *serve*, to *put others first*, and to *stay humble*.

Philippians 2:3-8 gives us the ultimate example—Jesus Himself. Think about it: Jesus is the Son of God, King of Kings, Lord of Lords! He could have come to earth with riches, power, and fame, but instead, He chose *humility*. He chose to be a servant. He washed feet. He hung out with the broken. He gave up everything—even His life on the cross—for us.

And if Jesus humbled Himself like that, then what about us? We can't walk around puffed up, thinking we're better than others, chasing our own success without thinking about those in need. No, my friends, we've got to *stay humble and stay true*. That means treating people with kindness, lifting others up, and remembering that every good thing we have comes from God, not from ourselves.

So, don't let pride trip you up. Don't get caught up trying to prove yourself. Instead, follow Jesus' example—walk in humility, serve with love, and keep your heart focused on God's will. Because the *way up* in God's kingdom is *down*—humbling yourself so that He can lift you up in due time (James 4:10).

### REFLECTION QUESTION:

In what ways can you show humility like Jesus today?

### PRAYER:

Lord, help me to stay humble and stay true. Keep me from pride, and give me a heart like Jesus—one that serves, loves, and puts others first. Let me walk in humility and honor You in all I do. In Jesus' name, Amen.

## Build a Tight Community DAY 18

*“And they continued steadfastly in the apostles’ doctrine and fellowship, in the breaking of bread, and in prayers... So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, praising God and having favor with all the people. And the Lord added to the church daily those who were being saved.”*

-SCRIPTURE: ACTS 2:42-47 (NKJV)

### THEME: CONNECT AND GROW WITH OTHERS IN CHRIST

Beloved, we were *never* meant to walk this faith journey alone. God didn’t design us to be isolated, doing life by ourselves. No, He calls us to build a *tight community*, a family of faith where we grow together, pray together, and lift each other up.

Acts 2 gives us a picture of what real Christian community looks like. The early church *stayed together*—they worshiped together, ate together, shared what they had, and took care of each other. And because they lived in unity, the Lord *kept adding to their numbers!* Their love for each other made the world take notice.

That’s what *we* are called to do! A strong community doesn’t just happen—you have to *build* it. That means being there for your brothers and sisters in Christ, checking in on folks, inviting people to your table, and making sure no one feels alone. It means praying for one another, encouraging each other, and making space for *real* relationships.

Wheaton, let’s be a place where love is real, where kindness is normal, where people know they *belong*. When we live like that, not only do we grow stronger, but the world sees Jesus through us!

### REFLECTION QUESTION:

How can you build a stronger, Christ-centered community this week?

### PRAYER:

Lord, help me to build real, loving relationships in Your name. Show me how to open my heart and my life to others. Let my love for my community be a reflection of Your love for the world. In Jesus’ name, Amen.

## Wait for God's Perfect Beat DAY 19

*"To everything there is a season, a time for every purpose under heaven..."*

-SCRIPTURE: ECCLESIASTES 3:1-11 (NKJV)

### THEME: TRUST IN GOD'S TIMING FOR YOUR LIFE

Beloved, life is like a song, and every song has a *beat*. If you rush ahead of the beat, the music don't sound right. If you fall behind, you miss your moment. But when you *stay in rhythm*, everything flows just like it should.

That's how it is with God's timing. Ecclesiastes 3 tells us that there's a time for everything—a time to grow, a time to rest, a time to move, and a time to wait. But let's be real: waiting can be *hard*! When we want something to happen *right now*, it's tough to trust that God's got a plan.

But hear me: *God's beat is always perfect*. He knows the right time for every blessing, every breakthrough, and every open door in your life. If you try to force something before its season, you might end up with a mess. But if you trust God and move when *He* says move, everything will fall into place.

So, don't rush. Don't get frustrated if things aren't happening as fast as you want. Stay in step with God, listen for His voice, and trust that He's setting you up for something *greater* than you can imagine!

### REFLECTION QUESTION:

Where in your life do you need to trust God's timing instead of rushing ahead?

### PRAYER:

Lord, help me to wait for *Your* perfect beat. When I feel impatient, remind me that Your timing is best. Give me peace in the waiting and faith to trust that You are working all things out for my good. In Jesus' name, Amen.

## Love Unconditionally DAY 20

*"Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God. He who does not love does not know God, for God is love..."*

-SCRIPTURE: 1 JOHN 4:7-10 (NKJV)

### THEME: REFLECT GOD'S DEEP LOVE IN ALL RELATIONSHIPS

Beloved, real love—the kind that doesn't change, doesn't give up, and doesn't run away— that kind of love *comes from God*. The world talks a lot about love, but too often, love comes with conditions: *I'll love you if... I'll love you until...* But that ain't how God loves! His love is deep, His love is wide, and His love *never fails*!

1 John 4 tells us that God *is* love. That means if we are His children, love should be what we do. Not just when it's easy. Not just when people deserve it. But *always*. Because that's how *God* loves *us*! He didn't wait for us to be perfect before He sent Jesus— He loved us first.

And now, we are called to love like Him. That means loving people even when they mess up. Loving folks even when they don't love you back. Loving because God *first* loved *you*.

So, who do you need to love better? Who do you need to forgive? Who do you need to show the love of Jesus to this week? Because when we love unconditionally, we show the world what God's love really looks like.

### REFLECTION QUESTION:

How can you show God's unconditional love to someone today?

### PRAYER:

Lord, thank You for loving me with a love that never fails. Teach me to love like You love—to love without conditions, without limits, and without fear. Let my life reflect Your love in every relationship. In Jesus' name, Amen.

## Speak Boldly – Share Your Story DAY 21

*“For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek. For in it the righteousness of God is revealed from faith to faith; as it is written, ‘The just shall live by faith.’”*

-SCRIPTURE: ROMANS 1:16-17 (NKJV)

### THEME: SPREAD THE GOSPEL WITH CONFIDENCE

Beloved, when something changes your life, you *can't* keep it to yourself! If you found the best restaurant in town, you'd tell everybody about it. If you discovered a cure for sickness, you'd shout it from the rooftops. Well, let me tell you—there is *nothing* greater than the gospel of Jesus Christ!

Paul said, *“I am not ashamed of the gospel.”* Why? Because it's the *power of God* that saves! This gospel—the good news of Jesus—is what turns sinners into saints, gives hope to the hopeless, and brings life where there was only death.

And guess what? *You* have a story to tell! Maybe you've been through some struggles.

Maybe God pulled you out of a dark place. Maybe He's still working on you. But no matter where you are, *your testimony* is powerful! Somebody needs to hear how Jesus changed you. Somebody is waiting for you to open your mouth and *speak boldly*.

So, don't be shy. Don't hold back. The world needs to hear about Jesus, and God is calling *you* to share His love. Speak boldly, share your story, and let the gospel shine through you!

### REFLECTION QUESTION:

Who in your life needs to hear about Jesus? How can you share your story with them?

### PRAYER:

Lord, I thank You for saving me. Give me the boldness to share my story and proclaim the gospel without fear. Let my words bring hope, and let my life reflect Your love. In Jesus' name, Amen.

## Worship That Hits Different DAY 22

*“But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. God is Spirit, and those who worship Him must worship in spirit and truth.”*

-SCRIPTURE: JOHN 4:23-24 (NKJV)

### THEME: CONNECT TO GOD IN SPIRIT AND TRUTH

Beloved, there’s a difference between *going through the motions* and *true worship*. Anybody can clap their hands, sing a song, or say “Amen” out loud. But real worship? *Oh, that hits different!*

Jesus told the woman at the well that the Father is looking for *true* worshipers—people who don’t just show up, but *show out* for Him in *spirit and truth*. That means your worship can’t be fake. It can’t just be about looking holy in church on Sunday. It’s got to come from deep down in your heart!

Worship is more than music. It’s more than lifting your hands. Worship is a lifestyle! It’s how you live when nobody’s watching. It’s trusting God when times get hard. It’s thanking Him when things go right. It’s loving Him with *everything* you’ve got—heart, soul, mind, and strength.

When you worship like *that*, it changes the atmosphere. Worry turns into *peace*. Fear turns into *faith*. Weakness turns into *strength*. Because when you truly worship, you step into God’s presence, and that’s a place where *everything* changes!.

### REFLECTION QUESTION:

Is your worship real and from the heart? How can you go deeper in your worship this week?

### PRAYER:

Lord, I don’t want to just go through the motions. Teach me to worship You in spirit and in truth. Let my love for You show in everything I do. Change my heart so my worship is real, deep, and powerful. In Jesus’ name, Amen.

## Stay Strong Through Trials DAY 23

*"My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing."*

-SCRIPTURE: JAMES 1:2-4 (NKJV)

### THEME: KEEP YOUR FOCUS ON GOD WHEN LIFE IS TOUGH

Beloved, life ain't always easy. Sometimes the storms come, the road gets rough, and the weight feels *too* heavy to carry. But let me tell you something—*don't give up!* God is still working, even in the struggle!

James tells us to *count it all joy* when we face trials. Now, that don't mean we have to *like* hard times, but it does mean we can *trust* that God is using them to make us stronger. Just like gold is tested in fire, our faith is tested in life's storms. But every trial we go through is shaping us, stretching us, and preparing us for something *greater*.

So, when trouble comes, don't panic—*pray*. When life gets hard, don't quit—*keep pressing*. When you feel weak, remember that God is making you *stronger!* Stay focused, stay faithful, and trust that God is working all things out for your good.

### REFLECTION QUESTION:

What trial are you facing right now? How can you trust God through it?

### PRAYER:

Lord, I know that life gets hard, but I also know that You are with me. Give me strength to keep going, faith to trust Your plan, and patience to wait on Your perfect timing. Thank You for making me stronger through every trial. In Jesus' name, Amen.

## Rewire Your Mindset DAY 24

*"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."*

-SCRIPTURE: ROMANS 12:2 (NKJV)

### THEME: LET GOD TRANSFORM YOUR THINKING

Beloved, your mind is *powerful*! The way you think shapes the way you live. If you fill your mind with *fear*, you'll walk in *doubt*. If you focus on *lies*, you'll live in *confusion*. But when you let God rewire your mind, *everything* changes!

Paul tells us, "*Do not be conformed to this world.*" That means don't let the world shape how you think. The world says, "*Do what feels good.*" But God says, "*Do what is right.*" The world says, "*You're not enough.*" But God says, "*You are fearfully and wonderfully made.*" The world says, "*You'll never change.*" But God says, "*I am making all things new!*"

So how do you renew your mind? You fill it with God's Word. You listen to His voice more than the noise around you. You spend time in prayer and let the Holy Spirit lead you. When you do that, your whole life will shift. You'll start walking in purpose. You'll see things through God's eyes. And you'll know His *good, acceptable, and perfect will* for your life!

### REFLECTION QUESTION:

What thoughts do you need to let go of so God can renew your mind?

### PRAYER:

Lord, help me to think the way *You* want me to think. Rewire my mindset so I can see Your truth, walk in Your will, and live the way You've called me to live. In Jesus' name, Amen.

## Be the Body – Church as a Team DAY 25

*“For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ.” (1 Corinthians 12:12)*

-SCRIPTURE: 1 CORINTHIANS 12:12-27 (NKJV)

### THEME: EMBRACE YOUR ROLE IN GOD’S MOVEMENT

Beloved, have you ever watched a team win a championship? They don’t win because one player does all the work. They win because *everybody* plays their part. The church is the *same* way!

Paul tells us that the church is like a *body*. Just like a body has hands, feet, eyes, and ears, the church has *different* people with *different* gifts. Some preach, some serve, some lead, some encourage. But guess what? *Every part matters!*

You might not think your role is big, but let me tell you—*God don’t make extras!* You are *needed* in the body of Christ. When you serve, the church grows stronger. When you use your gifts, God’s kingdom moves forward.

So don’t sit on the sidelines—get in the game! Find your role, step up, and *be the church*. Because when *we work together, we win together!*

### REFLECTION QUESTION:

How can you use your gifts to serve the church?

### PRAYER:

Lord, thank You for making me a part of Your body. Show me my role, and help me to serve with joy. Let me work together with others to build *Your* kingdom. In Jesus’ name, Amen.

## Resist Temptation's Trap DAY 26

*"No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it."*

-SCRIPTURE: 1 CORINTHIANS 10:13 (NKJV)

### THEME: STAND FIRM WHEN TEMPTATIONS HIT

Beloved, temptation is *real*. It's sneaky, it's strong, and it tries to pull you away from God's best for your life. But let me tell you something—you *don't* have to fall for it!

The enemy wants you to think you're too weak to resist, but *God is faithful!* He promises that when temptation comes, He will always provide a *way out*. That means when you feel pressure to do wrong, you gotta look for the *escape route!* Sometimes that means walking away. Sometimes it means changing what you listen to or who you hang around. Sometimes it just means calling on Jesus and saying, "*Lord, help me!*"

You can stand firm. You *can* say no to sin. You *can* walk in victory. Not by your own strength, but by *God's power* working in you!

### REFLECTION QUESTION:

What temptations do you need God's help to resist?

### PRAYER:

Lord, I know temptation is real, but so is Your power! Help me to stand strong and take the way of escape You provide. I don't want to fall—I want to follow You! In Jesus' name, Amen.

## Own the Cost of Following Jesus DAY 27

*"Then He said to them all, 'If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will save it.'"*

-SCRIPTURE: LUKE 9:23-24 (NKJV)

### THEME: EMBRACE THE SACRIFICES AND REWARDS

Beloved, following Jesus ain't always easy. It comes with a *cost*. The world says, "Do you!" but Jesus says, "*Deny yourself.*" The world says, "Take the easy road," but Jesus says, "*Take up your cross.*" The world says, "Live for yourself," but Jesus says, "*Follow Me.*"

Now, let's be real—sacrificing ain't fun. It's hard to say no to sin. It's hard to stand for Christ when the crowd is going another way. But let me tell you—*it's worth it!* The world's rewards don't last, but what Jesus gives is *eternal*. When you lose yourself for Him, you *find real life!*

So, are you willing to pay the price? Are you ready to put Jesus first, even when it's hard? If you follow Him, He will lead you to a life more powerful, more joyful, and more *blessed* than anything this world could ever offer!

### REFLECTION QUESTION:

What is one thing you need to give up to follow Jesus more closely?

### PRAYER:

Lord, I know following You isn't always easy, but I *trust* You. Help me to let go of anything that keeps me from You. Give me strength to take up my cross daily and follow You all the way. In Jesus' name, Amen.

## Find Joy in Every Hustle DAY 28

*"Do not sorrow, for the joy of the Lord is your strength."*

-SCRIPTURE: NEHEMIAH 8:10 (NKJV)

### THEME: SEEK GOD'S JOY IN ALL YOU DO

Beloved, life can feel like a *grind*! Classes, work, family, friends—it's a lot. Some days, you wake up tired, feeling like you *just can't keep going*. But let me tell you something: *God's joy is your strength!*

Nehemiah told the people, "Don't be sad, don't give up—God's joy will carry you through!" That means no matter how tough the hustle gets, you don't have to rely on *your* strength—you *can lean on His*! When you work for *His* glory, when you give *your best*, God fills you up with a joy that won't run out.

So, whether you're studying, serving, or just trying to make it through the day, *remember this*: The hustle is hard, but God's joy is *stronger*. Keep working, keep trusting, and *let His joy be your fuel!*

### REFLECTION QUESTION:

Where do you need God's joy to strengthen you right now?

### PRAYER:

Lord, sometimes the hustle is *hard*, but I know *Your* joy is my strength. Help me to work with a heart full of joy, knowing that *everything* I do is for You. In Jesus' name, Amen.

## Live Generous, Live Open-Handed DAY 29

*"But this I say: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver."*

-SCRIPTURE: 2 CORINTHIANS 9:6-7 (NKJV)

### THEME: MAKE GIVING YOUR LIFESTYLE

Beloved, let me tell you something—*giving ain't just about money!* It's about your *heart*. It's about your *time*, your *love*, your *gifts*, and your *service*. When you live with open hands, God pours more into them. But when you hold back, afraid to let go, you miss out on the blessings He has for you!

Paul tells us, if you plant *a little*, you reap *a little*, but if you plant *a lot*, you reap *a lot!* That means when you give *freely*, God *multiplies* it. And here's the best part—God don't just love *any* giver; He loves a *cheerful* giver! That means giving *with joy*, not because you *have to*, but because you *want to!*

So, let's live *open-handed!* Give your kindness, give your encouragement, give your resources. Because the more you give, the more God gives back, and *you can't beat God's giving!*

### REFLECTION QUESTION:

How can you live more open-handed this week?

### PRAYER:

Lord, teach me to give *freely* and *joyfully*. Help me to trust that when I open my hands, You will always provide. I want to be a *cheerful giver* in all things! In Jesus' name, Amen.

## Bring the Kingdom DAY 30

*"But seek first the kingdom of God and His righteousness, and all these things shall be added to you."*

-SCRIPTURE: MATTHEW 6:33 (NKJV)

### THEME: REPRESENT GOD'S KINGDOM ON EARTH

Beloved, we live in a world that tells us to chase *everything*—money, success, popularity—but Jesus tells us to chase *one thing: the Kingdom of God!* That means putting *God first* in everything we do—how we live, how we love, and how we serve.

When you seek *His Kingdom* first, God takes care of the *rest*. He provides, He blesses, and He *guides your steps*. You don't have to run after the world's approval when you're already walking in *God's favor!*

So, let's *bring the Kingdom* everywhere we go! Let's live like Jesus—showing love, standing for truth, and being a light in dark places. Because when *we* seek God first, the world gets to see *Him* through us!

### REFLECTION QUESTION:

How can you put God's Kingdom first this week?

### PRAYER:

Lord, I want to *seek You first!* Help me to live in a way that brings *Your Kingdom* to earth. Let my words, my actions, and my love reflect *You*. In Jesus' name, Amen.

## Seek Healing and Wholeness DAY 31

*"Surely He has borne our griefs and carried our sorrows... And by His stripes we are healed."*

-SCRIPTURE: ISAIAH 53:4-5 (NKJV)

### THEME: LET CHRIST RESTORE WHAT'S BROKEN

Beloved, life has a way of *wounding* us. Heartbreak, loss, *disappointments*—they can leave us feeling *broken* inside. But I came to tell you today: *Jesus is a healer!*

The Bible says He carried our grief and bore our pain. That means whatever is *hurting* you, Jesus already took it to the cross. Every tear, every struggle, every scar—He sees it, and He's ready to *restore* you.

But here's the thing: healing ain't just about your *body*—it's about your *heart*, your *mind*, your *soul*! Jesus don't do halfway work; He makes you *whole*! So, don't let your past keep you stuck. Don't let pain write your story. Give it to Jesus and let *His love* put you back together!

### REFLECTION QUESTION:

What area of your life do you need Jesus to heal?

### PRAYER:

Lord, I know You are my healer. Take my pain, my worries, my brokenness, and make me whole. Thank You for carrying my burdens and for Your love that restores me. In Jesus' name, Amen.

## Finish Strong DAY 32

*"I have fought the good fight, I have finished the race, I have kept the faith. Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing."*

-SCRIPTURE: 2 TIMOTHY 4:7-8 (NKJV)

### THEME: RUN YOUR RACE WITH FAITH UNTIL THE END

Beloved, we're all in a race. Life is a journey with ups and downs, twists and turns. And sometimes, it feels like you're running against the clock—the pressure of school, friendships, and all the things you've got to juggle. But I need you to hear this: You're not just running for now—you're running for eternity!

Paul said, "I've fought the good fight, I've finished the race, and I've kept the faith." He wasn't saying it was easy. He wasn't saying there weren't struggles. But what he did say is that he kept his eyes on the prize—the crown of righteousness from Jesus Himself!

So, don't quit! Keep running. Keep trusting. Keep fighting with faith! Because when you finish strong, God has a reward waiting for you. The finish line is ahead, and the crown is yours if you stay faithful to the end.

### REFLECTION QUESTION:

What's one way you can run your race with more faith this week?

### PRAYER:

Lord, give me the strength to finish strong. Help me to keep my eyes on You through every step of my race. I know that with You, I can run with endurance and receive the crown You've promised. In Jesus' name, Amen.

# Rev. Dr. Angulus Wilson

*7th Chaplain of Wheaton College, Pastor, Professor, Preacher, Author,  
and Church Leader*

Rev. Dr. Angulus Wilson is a seasoned pastor, preacher, and educator whose ministry spans over 34 years of faithful service. As the 7th Chaplain of Wheaton College, Dr. Wilson has played an instrumental role in nurturing spiritual growth and fostering a Christ-centered academic environment for students and faculty alike. His passion for preaching, teaching, and leading has shaped countless lives both in the classroom and in the church.

Dr. Wilson's preaching ministry has taken him around the world, serving as an international speaker with a unique ability to connect deeply with audiences from diverse backgrounds. His vibrant, dynamic African American preaching voice draws from his rich heritage, creating a powerful and authentic experience for all who hear him. Known for his clarity, wisdom, and anointing, he has influenced and inspired congregations globally.

Beyond preaching, Dr. Wilson is a dedicated professor and has served in the academic arena at four prominent universities, imparting his knowledge and biblical insight to the next generation of leaders. His expertise is complemented by his extensive experience in church planting, having helped establish multiple churches that continue to thrive today.

In addition to his pastoral and academic roles, Dr. Wilson is an accomplished author, penning works that explore Christian faith, leadership, and the importance of living out one's purpose in Christ. His books and writings reflect his deep commitment to equipping believers with the tools necessary to live faithful and impactful lives.

With a heart for service, Dr. Wilson has also been a trusted teacher and church leader, guiding individuals and communities toward greater spiritual maturity and outreach. His leadership has shaped not only the churches he has served but also the larger Christian community, as he continues to mentor and disciple the leaders of tomorrow.

Rev. Dr. Angulus Wilson's legacy is marked by his unwavering commitment to the Gospel, his dedication to educating others, and his tireless efforts to build and strengthen the body of Christ across the globe.

