

# Camper Info Packet for Day Camp

#### **HELLO FROM HONEYROCK!**

We can't wait to see your Day Camper at HoneyRock! We are super excited and have been preparing for your camper's experience.

Through this packet we're going to walk you through important information. Please read it carefully!

#### WITHIN THIS DOCUMENT

- Registration Checklist
- How to Prepare for Camp
- Daily Program Schedule
- Packing List
- Transportation & Arrival Info
- Beehive Store
- How to Send Letters, Packages
- Health Center Overview
- Family Day Information

## IF YOUR CAMPER ISN'T ATTENDING DAY CAMP FOR A DAY:

Please notify the HoneyRock receptionist by 9:00 am if your camper will not be attending that day.

#### **CONTACTS**

#### **Emails, Phone Numbers**

Registration: 630.752.5240 honeyrock.register@wheaton.edu Receptionist: 630.752.7474

honeyrock.receptionist@wheaton.edu

#### **Office Hours**

Open: Monday-Friday: 8am-5pm | Saturday: 8:30-12pm

Closed: Daily for lunch, 12-1pm | Sundays

#### **Health Center**

630.752.6143

honeyrock.nurse@wheaton.edu

#### **Calling After-Hours**

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

- Saturday 12p 10p
- Sunday 7a 10pm
- o Weekday Evenings: 4:30 p.m.–10:00 p.m.

#### **Mailing Address**

Camper Name
Camper Program – Cabin Name/Number (if known)
8660 Honey Rock Road
Three Lakes, WI 54562

#### Website

wheaton.edu/honeyrock/summer-camp

#### PARENT'S REGISTRATION TO-DO LIST

#### **ASAP**

☐ Review the list of deadlines below and add them to your calendar

#### By May 15, for Everyone

- □ Pay Your Balance
- ☐ Finalize Part 2 of Registration, including:
  - Health Form\*
  - Terms and Conditions\*\*
  - Behavior Covenant\*\*
  - Additional Questions

#### Required if Applicable:

- ☐ Inhaler and Epi Pen Waiver
- **□** Immunization Waiver
- ☐ Transportation Authorization Form Completed: if someone other than the camper's parent/guardian Is completing pick-up, this form is mandatory. Find it at wheaton.edu/HRtransport.
- ☐ **Health Form:** Verify this information is correct:
  - Name of medication
  - Dosage
  - o whether an immunization waiver is needed.

\*The Health Form must be updated every year for each camper. If your child takes medication:

- Discuss with your doctor the most simple and effective medicinal regimen while at camp.
- Enter and update each medication in your registration.
- Delete any discontinued medications from your registration.

#### **DAILY SCHEDULE**

This is the basic schedule for Day Camp:

9:15 Parent Drop Off\*

9:45 Group Games

10:15 Worship & Cabin Impact

10:45 Water Games

11:45 Zacco

12:00 Lunch

1:15 Activities (Crafts, Canoeing, or Ceramics)

2:30 Beehive/Supervised Free Time

3:00 Pick-up

**Lunch**: We eat family style! Campers enter the Dining Hall as a cabin and sit around a table with their cabin.

#### Games, Water Activities, Outdoor Adventure

**Activities:** Our Day Camp leaders plan some super fun games for campers. This includes (but isn't limited to!) relay races, obstacle courses, fort building, and team building games.

**Cabin Impact**: Cabin leaders prepare fun, interactive lessons to bring God's Word to life and encourage your camper's walk with Christ.

**Beehive:** This is the store at HoneyRock that sells snacks, apparel, and other fun gear. You can load your camper's account with money to spend throughout their Day Camp session.

#### **BEEHIVE STORE**

#### **Overview**

The Beehive is our camp store where campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, postcards, stamps, and more! While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water.

If you have expectations for how the money is or is not spent, it is your responsibility to have the conversation before your camper's session. This is a great opportunity to grow responsibility in your camper!

#### **Setting Up Your Camper's Beehive Account**

All camper sales in store are on an account-only basis (no cash). These accounts should be set up prior to camp as you register online. You may add to this account at any time through your camper's itinerary. We recommend \$30 for each week your camper attends camp with a \$10 minimum.



<sup>\*\*</sup>Terms and Conditions, Behavior Covenant: Your signature indicates you and your camper have carefully read and are 1) aware of the risks involved in camp activities and 2) agree with HoneyRock's behavior expectations. If your child is in violation of our Behavior Covenant you may be asked to pick him or her up from HoneyRock at your expense as deemed necessary by the Program Manager.

#### FROM THE HONEYROCK HEALTH CENTER

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Services Supervisor. I have been a nurse for over twenty years and have three children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to attend each summer.

One of the biggest questions we receive concerns homesickness - know that we treat it just as we would a scraped knee - with understanding, compassion, and support.

Our Health Center is staffed by a volunteer doctor, two summer nurses, a weekly volunteer nurse, two nurses' aides, and me. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by our team, many of whom have (or had!) campers at HoneyRock.

### TRANSPORTATION TO AND FROM HONEYROCK

#### **Drop Off at HoneyRock**

Please bring your camper directly to HoneyRock and plan to arrive at 9:15am every morning. Upon arrival our staff will direct you to the check-in area. Please pick your camper up at 3:00.

#### Pick Up from HoneyRock

If someone other than the parent or guardian is picking up your child from HoneyRock, please give the completed <u>Transportation Authorization Form</u> to a staff member at check-in.

#### If Not Attending for a Day

Please notify the HoneyRock receptionist by 9:00am if your camper will not be attending that day.

#### **PACKING FOR CAMP**

#### **Prescription Medications**

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff. We ask non-prescription medications (e.g. Advil) and herbal supplements are not sent with your camper. . Ibuprofen and Tylenol are available in the Health Center.

Day Campers are expected to have taken their morning/breakfast medications prior to arrival at HoneyRock. Please send only the medications your child will need at lunch time. Our staff will pass out these meds at the lunch meal.

Prescription medication must be in the original labeled container, not expired, and with the camper's full and legible name. Place container in a clearly labeled plastic zipper bag. Include detailed written instructions. Send enough for the entire session do not send non-prescription medication including supplements.

Do not forget to send rescue inhalers and/or epipens if needed. Day Camp counselors will carry those items for easy access. If a camper arrives without necessary rescue medications, the parent will be contacted to bring them to HoneyRock or transport the child home until they are made available.

If your camper needs to take medication during the day, please remember to include/update all medication information in your camper's registration BEFORE arriving at check in. This will streamline the check-in process.

It is important that all medication

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable

#### **Dress Code**

HoneyRock aims for an appropriate standard of dress. At no time should a camper wear clothing that shows their undergarments. Due to the active nature of HoneyRock, spaghetti-strap tank top, short/tight shorts or shirts, should not be packed/worn. In addition, swimsuits should be chosen to allow for active participation in all water sports

#### Do Not Bring...

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Cigarettes



#### **Lost and Found**

Please call the receptionist with a detailed description of lost items. If your item is found, we will ship for the cost of postage plus a \$5 handling fee. We strongly recommend writing your child's name on all clothes (yep...even socks!) and all other items he/she brings to camp. HoneyRock is not responsible for lost or stolen items.

#### **PACKING LIST**

Please label everything, even shoes!

Wear	
noes	□ Clo
opriate clothes	□ We
Pack in a Small Bag/Backpack	
	□ Bea
othes	□ Cha
Rain Jacket	
	□ Swi
Sunscreen	
Insect Repellant (non-aerosol)	
Water bottle	
Plastic bag for wet clothes	
	Option
ana	
s/Slides	
s/Slides	

