

Charles M. Liu  
Assistant Professor of Psychology  
School of Psychology, Counseling and Family Therapy, Wheaton College  
501 College Ave., Wheaton, IL 60187  
Work Phone: 630.752.7048  
[Chuck.liu@wheaton.edu](mailto:Chuck.liu@wheaton.edu)

## CURRICULUM VITAE

### EDUCATION

- 2018*      **Ph.D., Clinical Psychology**  
University of Massachusetts Boston
- 2013*      **MA, Clinical Psychology**  
University of Massachusetts Boston
- 2008*      **BA, Psychology**  
Wheaton College, IL  
Certificate in Human Needs and Global Resources (HNGR)

### PROFESSIONAL APPOINTMENTS

- 2021-Current:* **Wheaton College, IL**  
School of Psychology, Counseling, and Family Therapy  
Assistant Professor of Psychology
- 2019-2021:* **University of Hawai'i at Manoa**  
Department of Psychology  
Faculty Lecturer
- 2018-2019:* **I Ola Lahui Post-Doctoral Fellow**  
Behavioral Health Psychologist and Research Fellow
- 2015-2017:* **American Psychological Association**  
Minority Fellowship Program Fellow

## PUBLICATIONS

### Peer Reviewed Articles

\*Designates Co-first authors

Yeh, K. H., Sundararajan, L., Ting, R. S. K., **Liu, C.**, Liu, T., & Zhang, K. (2022). A cross cultural study of strong-ties and weak-ties rationalities: Toward an ontological turn in psychology. *The Humanistic Psychologist*. <https://doi.org/10.1037/hum0000284>

\*Liu, T & **Liu, C** (2022) Asian American mental health amidst COVID-19 anti-Asian racism: Internalized racism and generational status as moderators. *Asian American Journal of Psychology* 13(4), 328–338. <https://doi.org/10.1037/aap0000284>

Masuda, A., Kawika Allen, G. E., **Liu, C.**, Tully, E. C., (2021) The role of self-concealment in psychological distress among ethnic minority college students. *International Journal for the Advancement of Counseling*. 43, 472-488, <https://doi.org/10.1007/s10447-021-09441-1>

Suyemoto, K. L. & **Liu, C.** (2018). Asian American students in Asian American studies: Experiences of racism-related stress and relation to depressive and anxious symptoms. *Journal of Asian American Studies*, 21(2), 301-326. doi: 10.1353/jaas.2018.0016

**Liu, C.** & Suyemoto, K. L. (2016). The effects of racism related stress on Asian Americans; Anxiety and depression among different generational statuses. *Asian American Journal of Psychology*, 7(2), 137-146. doi:10.1037/aap0000046

Suyemoto, K. L., Erisman, S. M., Holowka, D. W., Fuchs, C., Barrett-Model, H., Ng. F., **Liu, C.**, Chandler, D., Hazeltine, K., & Roemer, L. (2016). UMass Boston comprehensive demographic questionnaire, revised. Appendix to Wadsworth, L. P., Morgan, L. P., Hayes-Skelton, S. A., Roemer, L., & Suyemoto, K. L., Ways to boost your research rigor through increasing your cultural competence. *The Behavior Therapist*, 39, 83-89.

**Liu, C.**, & Lester, D. (2012). Body modification and the experience of abuse. *Journal of Aggression, Maltreatment, and Trauma*, 21(1), 19-30. doi:10.1080/10926771.2012.630340

### Manuscripts in Submission and Preparation

**Liu, C.** & Suyemoto, K. L. (Submitted). The Impact of Personal and Familial Confucian Values on Mental Illness Stigma and Help Seeking Attitudes Among Asian Americans From Confucian Cultures.

**Liu, C.,** Kruttsik, T., & Suyemoto, K. L. (In Preparation). The philosophical foundations of mental illness beliefs among East Asian Americans.

## **AWARDS AND HONORS**

- 2023 John Stott and GPS Faculty Research Grant – Wheaton College (\$6336)
- 2022 Aldeen Grant – Wheaton College (\$6000)
- 2020 Aldeen Grant – Wheaton College, Co-PI with Dr. Tao Liu (\$6000)
- 2018 Friends of Hawai'i Grant – Integrated Behavioral Health Screening Improvement (\$4,000)
- 2017 University of Massachusetts Boston Doctoral Dissertation Grant (\$5000)
- 2017 Craig R. Bollinger Memorial Research Grant for Dissertation Support (\$1500)
- 2015-2017 Minority Fellowship Program, American Psychological Association (\$42,000)
- 2013 Conference Travel Grant, Graduate Student Assembly
- 2013 Student Support Fund Conference Presentation Grant, Graduate Employee Organization
- 2012 Professional Development Grant, Graduate Student Assembly

## **INVITED TALKS**

- 2022 East Asian Philosophical foundations of Mental Illness beliefs. CE Credit talk given at Cornerstone Counseling Foundation, Chiang Mai, Thailand. (June, 2022)
- 2020 The model minority myth shattered: Asian American mental health in the age of COVID-19. Talk given at Wheaton College, Wheaton, IL. (April, 2020)
- 2019 Understanding the psychological processes behind political justification. Talk given at Intersivity Venn Diagram, Rosemead, CA (August, 2019)
- 2016 Treating the Chinese diaspora in the U.S.: Cultural beliefs of mental illness and service utilization. Talk given at University of Hong Kong, Hong Kong, China SAR. (January, 2016)

## CONFERENCE AND OTHER ACTIVITIES

### Panels and Papers Presented

- 2023 More Than Translation: Understanding and Decolonizing Mental Health Beliefs in East Asian Cultures. Paper presented at The Asian Conference on Psychology & the Behavioral Sciences, Tokyo, Japan. (April, 2023)
- 2023 The Impact of Anti-Asian Racism during COVID-19: Anxiety, Depression, and Somatic Symptoms. In C. Liu (Chair), *Racism within a Pandemic: Anti-Asian Discrimination's Effect on Mental Health during COVID-19*. Paper accepted at the Annual Anxiety and Depression Association of America Convention, Washington, DC. (April, 2023)
- 2022 Seeing Imperial Language in Science. With Page, K. & Yoder, L. presented at the Human Needs and Global Resources Symposium at Wheaton College, Wheaton, IL (2022, September)
- 2022 Biblical Foundations to Racial Justice. With Ryan, J., Kalantzis, G., Kee, B. Panel presented for Solidarity Cabinet (2022, April).
- 2022 Asian American Resilience. With Lee, K., Barger, P. Panel presented at the Asian American Christian Collaborative and Koinonia Summit (2022, March).
- 2022 HNGR, Health, and Vocation. With Wathen, R., Pax, L. Panel presented at the annual HNGR Spring Symposium and Poster Session (2022, March).
- 2021 The perfect storm: Experiences of racism, political strife, and public health stressors during the COVID-19 pandemic in Asian American and Pacific Islander communities. With Asnaani, A., Alire, L., Miu, A., Vaishali, R., Hong, J. Panel presented at Association for Behavioral and Cognitive Therapies (2021, November).
- 2021 Mental Health in Global Perspective: Research and Practice in Hungary, India, and the United States. With Baraka., M.K., Canning, S., Torok, S., & Paulraj, R. Panel presented at the annual Human Needs and Global Resources Symposium (2021, October).
- 2021 Race, religiosity, or politics? Predictors of COVID-19 attitudes. With Noh, H.R., & Liu, T. Paper presented at the annual Conference on Medicine and Religion, Virtual. (2021, March).
- 2019 Internalized racism and intra-ethnic othering among Asian Americans: From victim-blaming to solidarity building. With Liu, T. (Chair), Godon, D., &

Brown, E. Presentation at the Annual Convention of the Asian American Psychological Association, San Diego, CA. (2019, October)

- 2019 The role of self-concealment in psychological distress among ethnic minority college students. In Larson, D. (Chair), *Secrets, secret keeping, and self concealment: Implications for well-being and psychotherapy*. Paper presented at the Annual Convention of the American Psychological Association, Chicago, IL. (2019, August)
- 2018 Improving BH Screening and Treatment in Rural Integrated Primary Care Clinic with Tablet Technologies: A Quasi-Experimental and Effectiveness Study. With Yamashita, W., & Rajala, K. Presentation at the 2018 Society of Teachers of Family Medicine Practice Improvement Conference, Orlando, FL. (December, 2018)
- 2016 Psychological, physical, and spiritual holism in Chinese American understandings of mental illness. In C. Liu & L. Yang (Co-Chairs), *When East meets West: The impact of Chinese culture on mental illness and service utilization*. Paper presented at the Annual Convention of the American Psychological Association, Denver, CO. (August, 2016)
- 2015 Rejecting internalized racism in Asian Americans to promote empowerment and build alliances. With Godon-Decoteau, D., Ng, F., & Suyemoto, K. L. Presentation at the Diversity Challenge, Institute for the Study and Promotion of Race and Culture, Boston College, Chestnut Hill, MA. (October, 2015)
- 2014 Faith and religion: Avenues for social justice. With Homolka, S., & Adamek, J. Roundtable moderation at the Columbia University Winter Roundtable, New York, NY. (February, 2014)
- 2013 People of faith in Psychology: Experiences and marginalization. With Mukkamala, S., Ng, F., Arora, K. Roundtable moderation at the Columbia University Winter Roundtable, New York, NY. (February, 2013)

### Poster Presentations

\*\* Designates Mentorship of Student Authors

\*\*Wong, R., **Liu, C.** (2023 April). Poster presented at the Annual Conference of the Anxiety & Depression Association of America.

\*\*Giles, E., **Liu, C.** (2023 April). Poster presented at the Annual Conference of the Anxiety & Depression Association of America.

- \*\*Yang, A., Liu, C., & Liu, T.** (2020 September). Examining Emotional and Instrumental Support as Moderators on the Relationship Between Covid-19-related anti-Asian Racism and Mental Health Symptoms. Poster presented at the Annual Conference of the Asian American Psychological Association, Virtual.
- \*\*Huang, Y., Koh, A., Liu, C., & Liu, T.** (2020 September). Examining the impact of vicarious and direct experiences of Covid-19 related anti-Asian racism on the mental health symptoms of Asian Americans/Asians. Poster presented at the Annual Conference of the Asian American Psychological Association, Virtual.
- Liu, T., & Liu, C.** (2020 September). "Asians are to blame for the Coronavirus": Racial Scapegoating during Covid-19. Poster presented at the Annual Conference of the Asian American Psychological Association, Virtual.
- \*\*Chang, Y.J., Fu, R., Liu, T., & Liu, C.** (2020 September). Covid-19 Anti-Asian Racism and Mental Health. Poster presented at the Annual Conference of the Asian American Psychological Association, Virtual.
- Kim, M., & Liu, C.** (2019 October). Interdisciplinary SBIRT Training for Pharmacy Students in a Rural Family Medicine Clinic. Poster presented at the Annual Conference of the American College of Clinical Pharmacy, New York, NY.
- Liu, C.** (2019, August). The impact of Confucian values on Asian American mental illness stigma and help-seeking attitudes. Poster presented at the Annual Conference of the American Psychological Association, Chicago, IL.
- \*\*Chan, T., Liu, C., & Suyemoto, K. L.** (2016, August). Demographic variables, racism-related stress, and mental health symptomology among Asian Americans. Poster presented at the Annual Conference of the Asian American Psychological Association, Denver, CO.
- Liu, C., & Suyemoto, K. L.** (2015, August). Psychological, physical, and spiritual holism within Chinese American understandings of mental illness. Poster presented at the Annual Conference of the Asian American Psychological Association, Toronto, Ontario, Canada.
- Liu, C.,** (2015, March). Spiritual and physical holism within Chinese understandings of mental illness. Poster presented at the Conference on Medicine and Religion, Cambridge, MA.
- \*\*Chandler, D., Liu, C., & Suyemoto, K. L.** (2014, August). Interpersonal factors affecting white ally development and practice. Poster presented at the Annual Conference of the Asian American Psychological Association, Washington, DC.
- Liu, C., & Suyemoto, K. L.** (2014, February). Racism-related stress and mental health among Asian Americans: Generational status as a moderator. Poster presented at the Columbia University Winter Roundtable, New York, NY.

**Liu, C., & Suyemoto, K. L. (2013, August).** Racism-related stress, anxiety, and depression among Asian Americans: Ethnic identity as a moderator. Poster presented at the Annual Conference of the Asian American Psychological Association, Honolulu, HI.

**Liu, C., & Suyemoto, K. L. (2012, August).** Asian American racism-related stress and depression: Anxiety and interpersonal sensitivity as mediators. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.

## **COMMUNITY PRESENTATIONS AND TRAININGS**

- 2022** Mental health awareness in group contexts and ministry. With Baraka, M. Presentation to Discipleship Small Groups ministry, Wheaton College, Wheaton, IL. (Nov, 2022)
- 2021** Stereotypes that Harm the Asian American community: Myth of the model minority. With Chang, R., Barger, P. Presentation to The City of Wheaton Community Relations Commission, Wheaton, IL. (May, 2021)
- 2021** Understanding anti-Asian discrimination during COVID-19. Presentation to Sunday Toastmasters Club Meeting, Lake Zurich, IL (April, 2021).
- 2021** Race, ethnicity, and mental health in cross-cultural settings. With Baraka, M. Talk given at Wheaton College, Wheaton, IL (March, 2021)
- 2018** Behavioral Health in Every Day Life. With Fitzpatrick, L.B. Presentation to Castle and Cook, Inc., Honolulu, HI. (March, 2018)
- 2017** Mindfulness and Healthy Eating. With Seabury, A. Community-based intervention implemented at Waimanalo Elementary and Intermediate School, Waimanalo, HI. (October, 2017)
- 2017** The impact of East Asian culture on experiences of mental illness and service utilization in a primary care setting. Training Session presented at Hawaii Island Family Health Center, Hilo, HI. (September, 2017)
- 2017** Cultural considerations when working with Chinese families. Training Session presented at South Shore Mental Health, Quincy, MA. (July, 2017)
- 2015** The Chinese American understanding of mental illness: Barriers to mental health service utilization. Training Session presented at South Shore Mental Health, Quincy, MA. (January, 2015)

## RESEARCH EXPERIENCE

- Current* Multicultural Peace and Justice Collaborative: Asian Culture and Mental Health Lab
- Current research on the intersection of cultural values, mental illness stigma, and service utilization barriers among Asian Americans
  - Studying the impact of COVID-19 on Asian Americans and development of anti-Asian racism in the broader population
  - Qualitative study of mental health attitudes in Thailand
  - Mentoring undergraduate and graduate students in academic research
- 2018-2019* Screening, Brief Intervention and Referral to Treatment (SBIRT) for Substance Use Disorders in Primary Care with Interdisciplinary Health Professions Students at the Hawai'i Island Family Health Center
- Program Coordinator for Federal SAMHSA grant
  - Oversaw completion of grant, data inputting, data analysis, and report writing
- 2017-2018* Integrated Behavioral Health Screening Improvement – Hawai'i Island Family Health Center, Hilo Medical Center
- Developed and implemented tablet-based behavioral health screener at the primary care clinic
  - Developed online survey instrument, provided data-analysis on survey data for presentations and publications
- 2011-2018* Asian American Research Team, University of Massachusetts Boston
- Race and Ethnicity Study – Utilized Consensual Qualitative Research on data exploring individuals' understanding of the constructs of race and ethnicity
  - Asian American Empowerment – Participated in study design and scale development for a study investigating how Asian Americans cope with and express empowerment in the face of racism.
- 2015* Chinese Immigrant Zero Stress Primary Care Depression Intervention, Harvard Medical School, Massachusetts General Hospital
- Provided feedback on the development of the culturally sensitive treatment manual and intervention protocol for the Zero Stress program, aimed at Chinese-speaking immigrant patients in a primary care setting with depression.
  - Chaired and organized conference presentation to disseminate preliminary results.
- 2010* Suicide Research Lab, Stockton University
- Performed a secondary data analysis on a large national dataset looking at body modifications, self-harm, and mental health.