



Clinical Mental Health Counseling M.A.

Academic Roadmap to Completion (ARC) for Catalog Year 2025-2026

The catalog is the final authority on program requirements; this is intended as a registration and planning tool. Due to the cohort model of the CMHC, M.A. program, this course sequence is the default for all incoming students. If a student has transfer credits or an alternate timeline, that individual must work with the Program Administrator and the Academic Advising Office to ensure all degree requirements are met in a timely fashion.

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| Fall Semester 1 CMHC 611: Foundations of Integration I (1 cr.) CMHC 618: Clinical Research Design (3 cr.) CMHC 621: Counseling Skills & Techniques (2 cr.) CMHC 621L: Basic Counseling Skills Lab (1 cr.) CMHC 624: Issues and Ethics (3 cr.) CMHC 625: Counseling Theories & Practice (3 cr.) | Spring Semester 1 CMHC 614: Group Counseling (2 cr.) CMHC 614L: Group Counseling Lab (1 cr.) CMHC 642: Psychopathology (3 cr.) CMHC 649: Multicultural Issues & Social Advocacy (3 cr.) TRMA 632: Intro to Trauma (3 cr.) | Summer 1 CMHC 631: Lifespan Development (3 cr.) CMHC 692: Graduate Counseling Practicum (3 cr.) Elective: See catalog for options; meet with advisor for guidance (3 cr.) Bible & Theology Requirement Options: (choose one of the 4-credit courses below; please note certain classes may be offered only in Fall or Spring): <ul style="list-style-type: none"> • BITH 565 Systematic Theology • BITH 566: Fndtns. for Biblical Interp. • BITH 578: Global Church History |
| Semester Total: 13 | Semester Total: 12 | Semester Total: 13 |
| Fall Semester 2 CMHC 612: Foundations of Integration II (1 cr.) CMHC 636: Family Systems (3 cr.) CMHC 641: Assessment in Counseling (3 cr.) CMHC 653: Lifestyle & Career Development (3 cr.) CMHC 696: Graduate Internship (3 cr.) | Spring Semester 2 CMHC 613: Foundations of Integration III (1 cr.) CMHC 651: Substance Abuse & Addictions (3 cr.) CMHC 691: Comprehensive Exam (0 cr.) CMHC 696: Graduate Internship (3 cr.) BITH 561: Theological Anthropology (2 cr.) | Summer 2 <i>Classes are not typically taken this term unless the student needs to extend their studies or internship. Consult your program administrator or faculty advisor for more information.</i> |
| Semester Total: 13 | Semester Total: 9 | Semester Total: 0 |